

Guelph Nordic Ski Club

Guidelines - last updated 26th January 2014

Welcome to the Guelph Nordic Ski Club! To ensure a safe and fun ski season, we request that you respect the following guidelines. Please refer to the map elsewhere on the website for the location of the trailhead, trails, etc.

Ski Times

- * You are welcome to ski from 7 am until 8 pm any day of the week unless otherwise posted.
- * Please pay the day use fee and sign in at the trailhead BEFORE using the trails. Envelopes (for signing on and putting money in) are to be found in the mailbox at the trailhead. The fee structure is printed on the envelope label.

Parking and Trail Access

- * Parking is available in the Farm Workshop parking area or in the Orchard Park West parking area. The trailhead is located across the road from the Farm Workshop parking area.
- * Please avoid parking in the area round Loyola House, located at the end of the main driveway. Loyola House is a religious retreat centre. Retreatants, and any persons in the employ of the Ignatius Jesuit Centre, have free access to the trails.
- * Guests of Loyola House may be on “silent retreat,” so please be mindful of their need for silence.

General Trail Rules

- * On double-tracked trails, ski single file except when overtaking.
- * Avoid cutting off other skiers when entering trails or overtaking.
- * Ski in the specified direction on one-way trails.
- * Descending skiers have right-of-way on hills. Climbing skiers should move as far to the right of the trail as possible when oncoming skiers approach.
- * When stopping, step off the trail to leave room for other skiers to pass.
- * When a skier behind calls out “track,” move to the right to give them room to pass
- * Fill in “sitzmarks” after falling on trails.
- * Carry out any garbage you have brought with you.
- * Do not walk or snowshoe on ski trails
- * Do not skate ski across the classic groomed section of the trails.
- * Classic and skate groomed tracks are side by side most of the time, but some classic trails might go through wooded areas. Follow trails already made, do not make new ones. Respect private property. Land uses on the property range from farming to research. Please stay on the tracks. Trespassing on other parts of the property may cause our privileges to be revoked.
- * No dogs are allowed – dogs not only leave paw prints and more unpleasant things, but can also cause accidents.

- * If you encounter people walking on the trails and/or letting dogs on the trails, please ask them politely to desist. There are signs requesting no walking on the trails you can point out to them.
- * Please report any problem on the trails to the club via email: *guelph-nordic@hotmail.com*
- * Also report anything new about the trail conditions so we can keep the website information current.

Additional Safety Notes

- * Skiers are strongly encouraged to bring a flashlight or headlamp with them when skiing around dusk. Remember that batteries will not work if they get too cold, so keep them in a warm pocket unless you need them.
- * Carry a cell phone with you. A phone is located just inside the doors of the Orchard Park Office West, though these doors will not be open at all times.
- * Do not ski alone. Note that there have been reports of coyotes in the area.